

Message from Louise....

Have you noticed the vast amount of coverage on the TV lately about loneliness? So many folk, old and young in our communities are facing long days without conversation . We have a range of activities across the Circuit to which we could easily invite folk to ease that isolation.

Why not offer to take a friend?

Monday

Lunch Drop in at Pickering – weekly 12.15-1.15pm

Coffee and Chat at Norton Trinity – weekly 2-4pm

Tuesday

Coffee and chat at KMS – weekly 10am-12noon

Coffee and chat at Thornton le Dale – weekly 10-11.30am

Wednesday

3 rd in month – coffee morning at Ebberston

3 rd in the month (usually) – Soup Lunch at Slingsby

Lunch Link at Helmsley - weekly 12noon – 2pm (Booking required)

Lunch Club at KMS – weekly 12noon (Booking required)

Friendship Circle at Princess Court Malton – 2-3.30pm alternate weeks, games, chat and refreshments.

Contact Roger Hadfield for dates.

Thursday

Bacon Butties and drinks at Helmsley - 9.30-10.30 weekly

Slingsby Tea Spot – 1 st in the month 10-11.30am

Hovingham Tea Spot – 2 nd in the Month 10.30-11.30 at the Spa Tearoom - £2.50

Saturday

Coffee Morning at Wells Lane Baptist Church Malton - 1 st in the month 10am-noon

Please contact Louise for further information.